



Sickness & immunisation at St Kilda Playgroup

We do not ask for immunisation status from any of our members, but we do ask that **ALL** families take into consideration that we have many children and babies that attend who have compromised immune systems or have not yet started their immunisation schedules.

If you have a sick child at home, please do not bring ANY child from that family to playgroup until the sickness has been clear for the incubation period. All incubation periods can be found out from your doctor or via www.rch.org.au. **Please also remember this applies to all parents/carers attending our playgroup.**

In the event of an infectious disease outbreak, unimmunised children may contract the disease and contribute to its spread. For the protection of their own health and the health of other children, it is recommended that these children not attend playgroup during this time. Children under 6 months and pregnant women may also be at increased risk in these circumstances and families should consider their attendance during this time.

If you, your child or someone else in your household contracts any infectious illness, we ask that you inform the playgroup, as they are often contagious before becoming sick, so we can notify all other families in attendance.

Coughs/colds/influenza – Please keep children and yourself away from playgroup for a few days after all symptoms have fully cleared up.

Gastro – Please keep children/adults away from playgroup for a week after last episode.

Chicken pox – Once all spots have scabbed and crusted with no new outbreaks you can commence attending playgroup again as you are no longer contagious at this point.

Hand, foot & mouth – Keep children home until all fluid in blisters has dried.

Whooping cough – If no antibiotic, must stay away for at least three weeks from start of cough; if they have had antibiotic, they can return after five days of the antibiotic course. If there is an outbreak of whooping cough and your child is not immunised, they will have to stay away from playgroup for three weeks or until the outbreak settles.

All information has been sourced from www.rch.org.au.